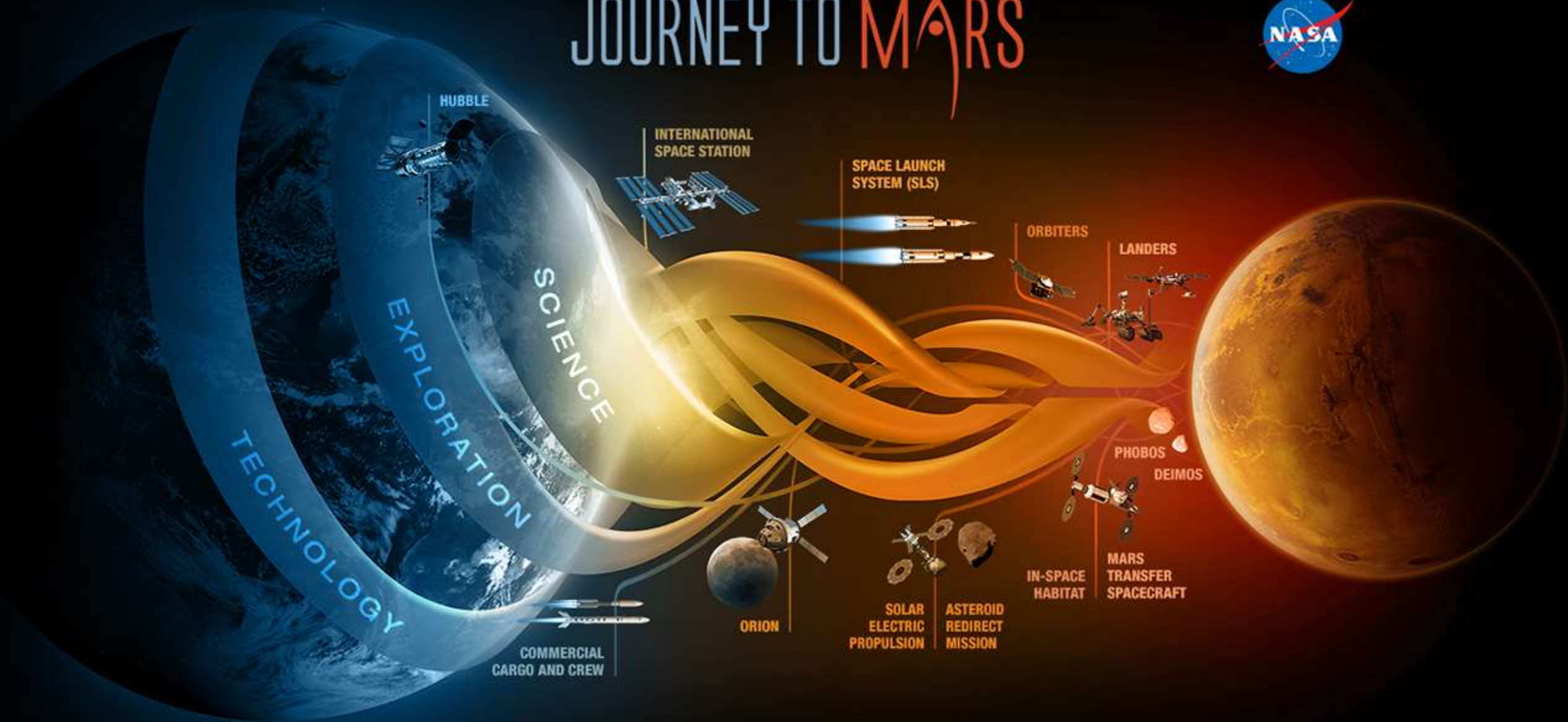


SPACE HYDROPONIC ALTERNATIVE

Dott. Ing. Giorgia Pontetti
giorgia@pontetti.com

JOURNEY TO MARS



CURRENT SPACE FOOD SYSTEM

Ferrari
Farm[®]
Nature & Technology



8 FOOD CATEGORIES:

- Rehydratable Food
- Thermostabilized Food
- Intermediate Moisture Food
- Natural Form Food
- Irradiated Food
- Frozen Food
- Fresh Food
- Refrigerated Food



Current ISS food system shelf life is 12 to 18 months.

MISSION TO MARS



- 2.5 year mission
 - Earth-to-Mars Transit: ~ 6 months
 - Mars Surface stay: ~ 18 months
 - Mars-to-Earth Transit: ~ 6 months



- A 5 year shelf-life is **REQUIRED**

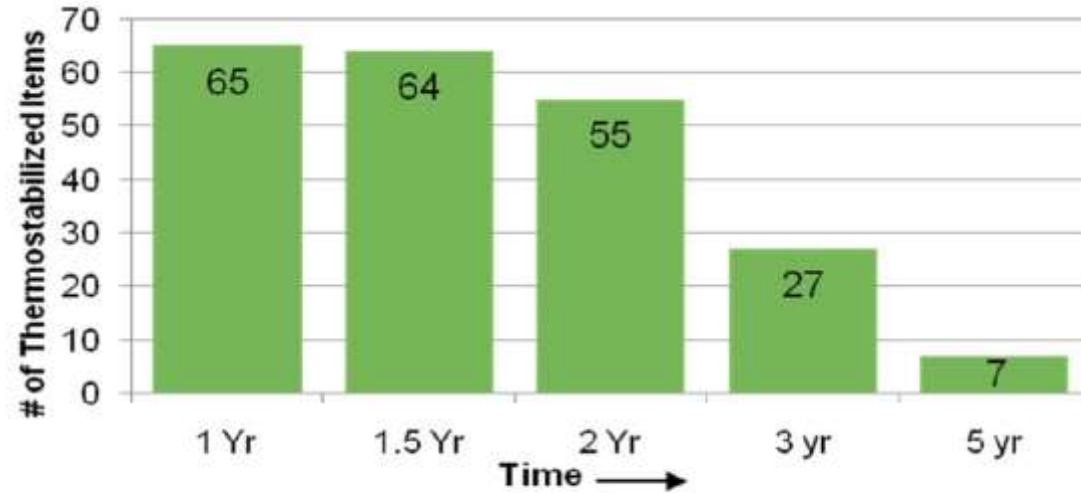
The current food system would become **UNACCEPTABLE** before the mission ended.

NASA RESULTS



Only 7 of 65 thermostabilized foods are expected to be ***palatable*** after 5 years of storage.

Limited data on *nutritional content* is available.



Catauro et al. JFS 2011

- Salmon in Pouch
- Tuna in Pouch
- Meatloaf
- Chicken Fajitas
- Grilled Pork Chop
- Chicken with Peanut Sauce
- Fiesta Chicken

Processing



Pressure Assisted
Thermal Sterilization
(PATS)
and
Microwave Assisted
Thermal Sterilization
(MATS)

Packaging



Materials to
improve
clarity and
barrier with
less mass

Formulation



Increase
stability of
nutrients

Environment



21°C
storage -80°C
storage

Temperature
Radiation
Oxygen
content
(atmosphere)

5-YEAR SHELF-LIFE CHALLENGE

IT'S A BALANCING ACT



DEVELOPMENT OF
SAFE, NUTRITIOUS
AND ACCEPTABLE
FOOD

EFFICIENT USE OF VEHICLE
RESOURCES: MASS, VOLUME,
WATER, POWER, COOLING,
AIR, CREW TIME

NEW CONCEPTS



Human deep space exploration & colonization of other celestial bodies requires the use of new generation space modules, capable of sustaining for long periods the lives of astronauts, without using supplies from earth.

ON A MARS MISSION THERE WILL BE NO RESUPPLY MISSIONS.

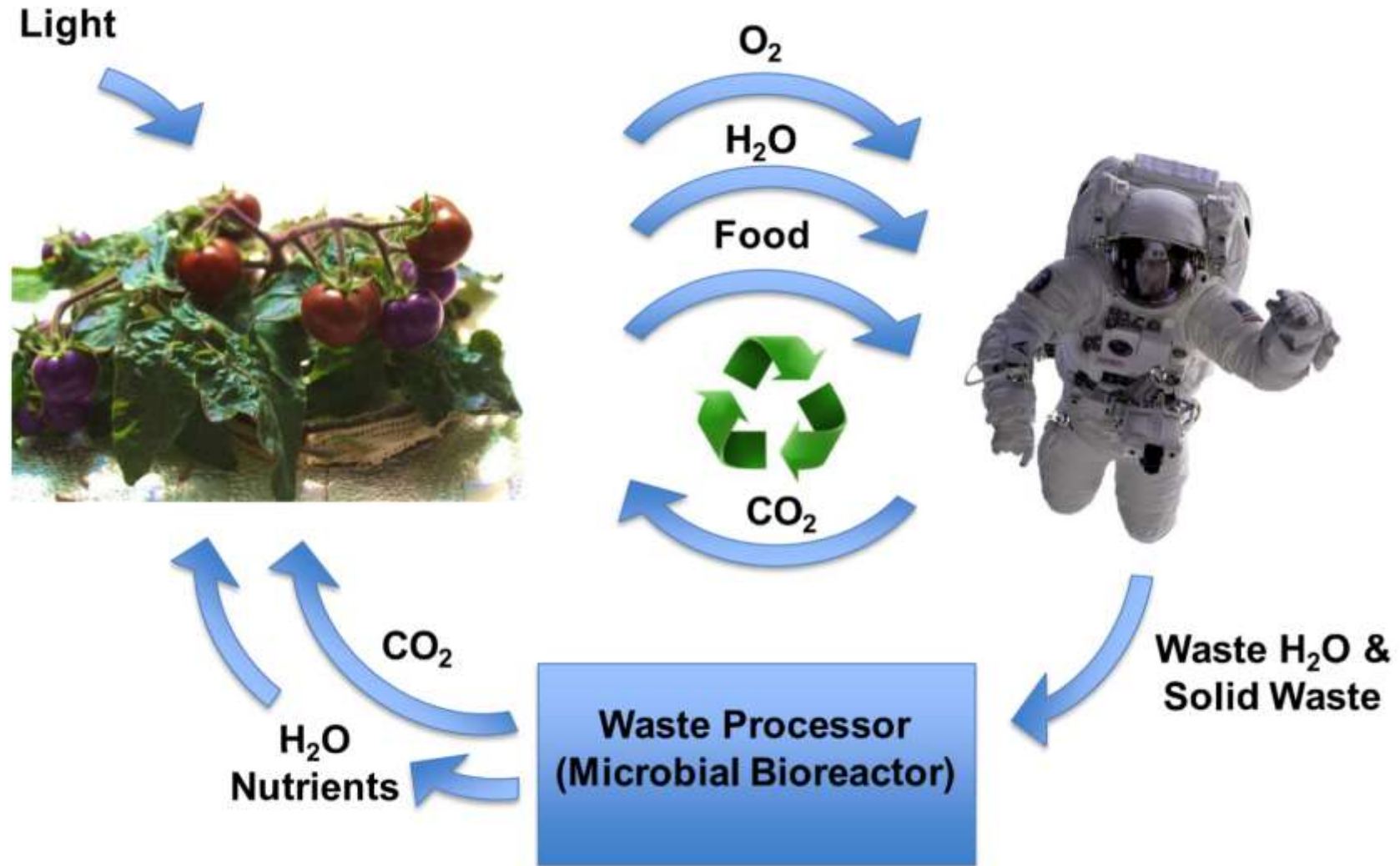
LIFE SUPPORT SYSTEMS



The **TRADITIONAL LIFE SUPPORT SYSTEMS** are based on chemical-physical processes that guarantee the control of atmosphere and breathable air, water recycling, waste disposal, etc... requiring a constant supply of **EXTERNAL RESOURCES**

The principle is to recreate an **ARTIFICIAL SPACE BIOSPHERE**, just like the Natural Biosphere on the Earth's surface.

BIOREGENERATIVE SYSTEMS



BIOREGENERATIVE SYSTEMS



- On the agenda of the European Union Program Horizon 2020
- On the Global Exploration Roadmap
- A Working Group within Italian Space Agency (ASI)



SPACE GREENHOUSE

A "Greenhouse Module" is fundamental for any concept of independent and stable base for future space missions. Inside a greenhouse it is possible to regenerate all the resources, through the closure of the life cycles of a habitat:

- Water Recycling
- Removal of CO₂
- Production of Oxygen and Food



SPACE GREENHOUSE

Could implement the astronauts diet, BUT Fresh Food have a positive role not only livelihoods, but also on the psychological wellbeing of astronauts, improving morale and decreasing stress.

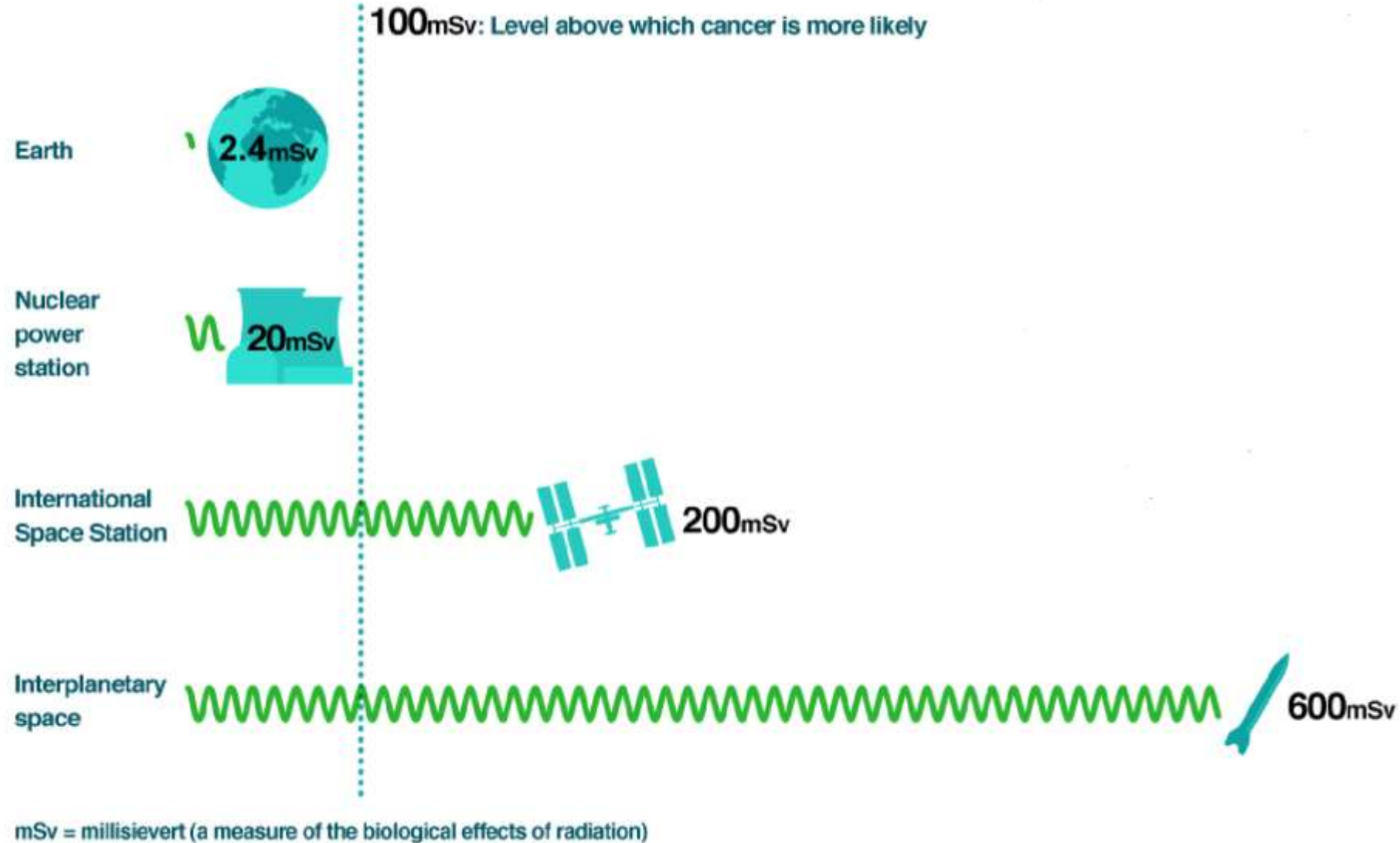


RADIATIONS



- One of the major considerations for astronauts taking on deep space missions is radiation exposure, which can cause cell and tissue damage and increase astronauts' risk of cancer, neurodegenerative diseases and premature aging
- The radiation risk increases beyond Low Earth Orbit

RADIATIONS



RADIATIONS



- Foods high in antioxidants can help mitigate that risk and astronauts can increase their uptake of fresh-grown foods high in antioxidants to protect themselves
- By increasing certain compounds such as lutein, beta carotene, zeaxanthin, lycopene in their diet, astronauts have a beneficial effect to protect themselves against radiative stress

SPACE GREENHOUSE



Growing plants with no Sunlight, without soil and with different gravity conditions from those on Earth is extremely complex.

In the biological field, studies currently focus on the choice of plant species better suited to be grown in **EXTREME CONDITIONS**

The **GOAL** is to identify the species most resistant to radiation and less sensitive to different conditions of gravity and light.

SPACE GREENHOUSE

When speaking or thinking of agricultural crops in space, it necessarily must refer to **HYDROPONICS**.

Made without the use of soil and using water as a vehicle for the nutrients transportation.



SPACE GREENHOUSE

Must take into consideration:

- Artificial Climate: T, RH, CO₂, O₂
- Artificial Lighting
- Water & Nutrient Supplying
- Pathogens Control
- Resistant Species

Must take into consideration the SPACE FARMING ENVIRONMENT

- Altered Gravity
- Dangerous Radiations
- Hostile/Closed Environment
- Extreme Temperatures
- Altered Light/Darck Cycles
- Isolation/Confinement
- Distance from Earth



MICROGRAVITY

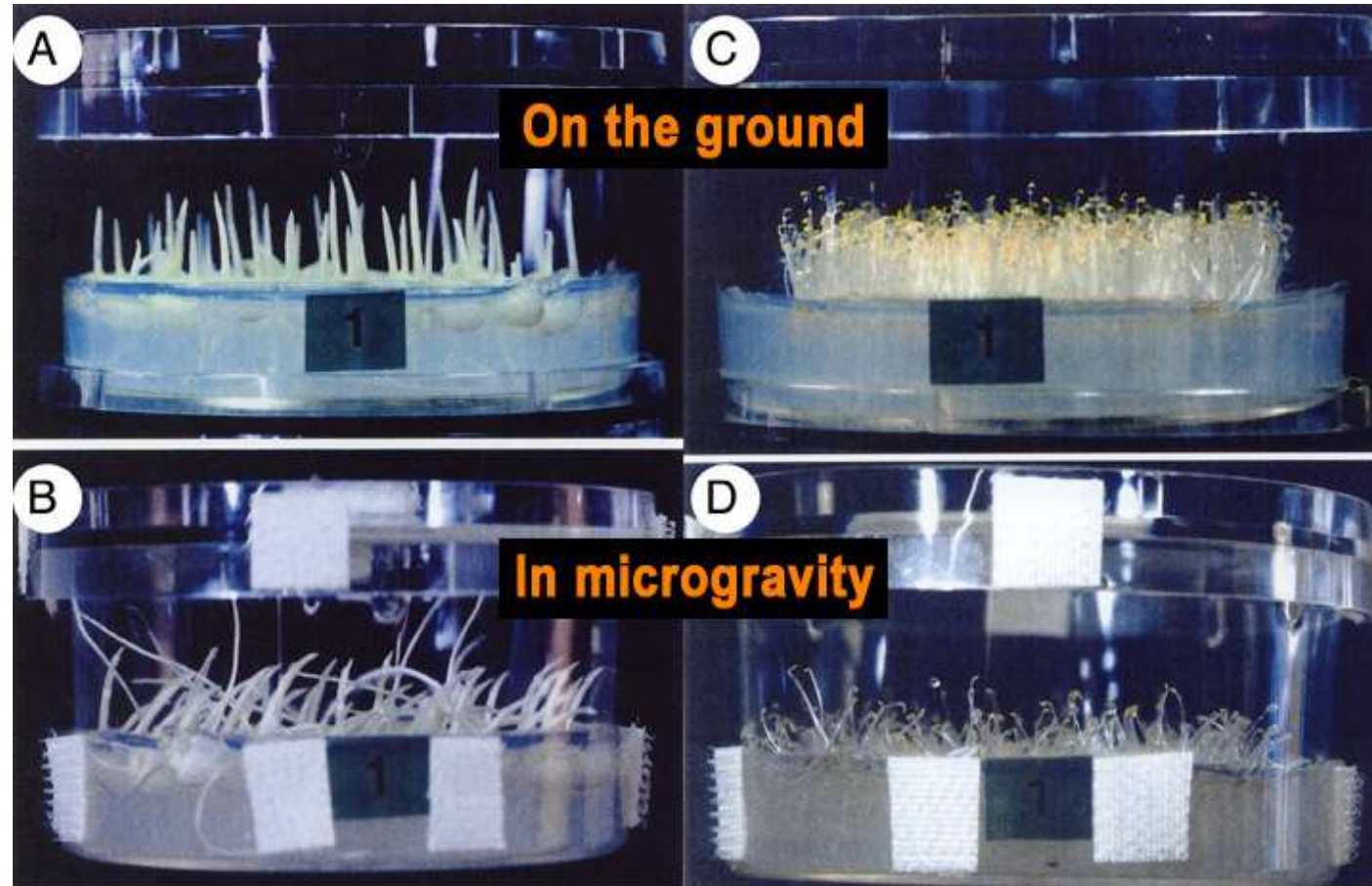


Microgravity or Reduced Gravity can be perceived as stressful by plants, but it doesn't prevent the completion of the plants life cycle.

Even in microgravity plants can complete the life cycle "from seed to seed."

In space, roots grow in every direction, and water and other essential plant foods float.

MICROGRAVITY

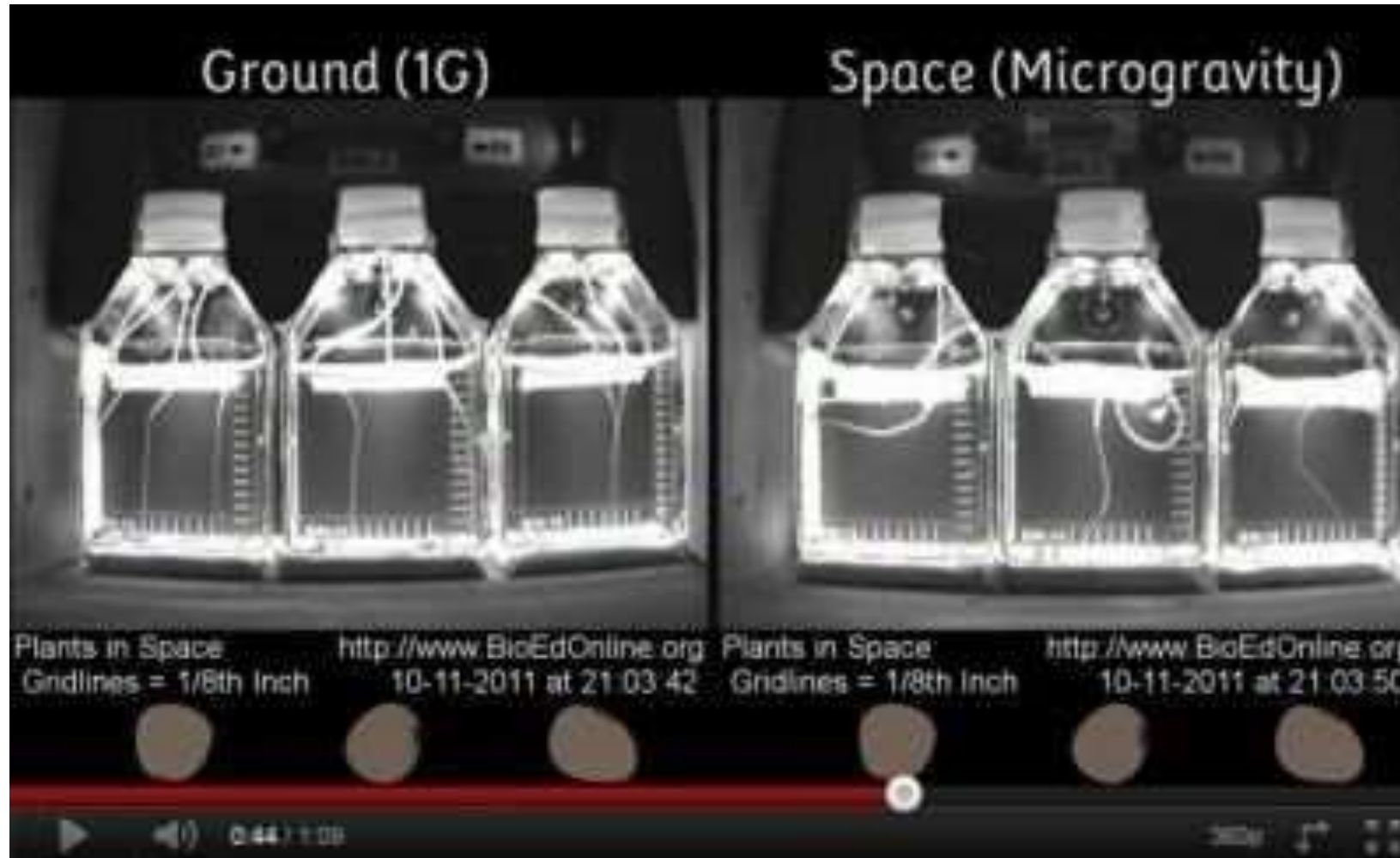


Rice

Arabidopsis

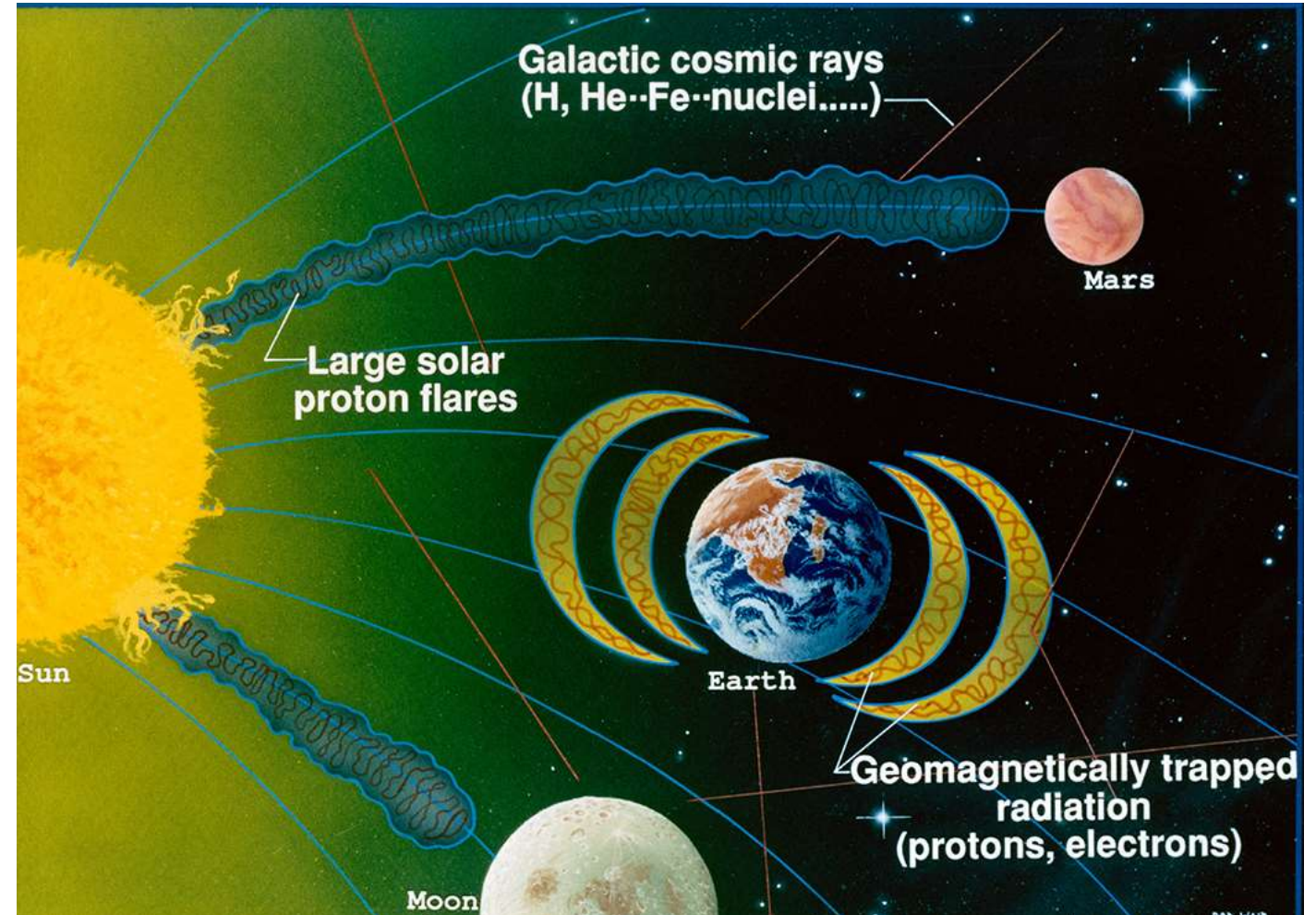
(courtesy of Professor Takayuki Hoson of Osaka City University)

MICROGRAVITY



RADIATIONS

- Galactic Cosmic Rays
- Extra-Galactic Cosmic Rays
- Jovian Electrons
- Trapped Particles
- Solar X-Rays
- Solar Flares: Neutrons, γ Rays, Protons, Heavy Ions



RADIATIONS

In general, the plants are more resistant to ionizing radiation, than animal organisms.

Lethal doses for animals can in fact have a positive or no effect on the plants.

Prolonged radiation exposure can completely destroy the fertility of plant and the plant gradually dies. Effects of Radiations in plants include Molecular Alterations, Morphological Alterations & Physiological Alterations.

SPATIAL PLANT SPECIES for Long Term Missions



The choice must combine many needs and constraints: high yield and high production of edible parts, fast production cycles, easy to reproduce, well growing without competition to coexist in multi-cropping systems, efficient photosynthesis and transpiration, able to acclimate to changes in light, temperature and humidity.

Main Characteristics: Reliable Germination, Low Native Microbial Level, Rich in Antioxidants.

Most suitable species under studies are Durum Wheat, Soft Wheat, Potatoes, Soy.

SPATIAL PLANT SPECIES for Dietary Intake



In order to better integrate the diet of astronauts with a fresh and highly nutritious food, we thought to use microgreens as they have a short cycle and high production yields, around 1000-1500 grams per square meter.

To meet the vitamin needs of an adult individual 50 grams of these are enough, while in the diet of an astronaut about 60-80 grams are needed thus integrating into the diet also powerful natural antioxidants such as anthocyanins.

SPATIAL PLANT SPECIES for Dietary Intake



EFSA's (European Food Security Authority) daily intake levels for an adult are:

- 90 mg for Vitamin C
- 13 mg for Vitamin E
- 70 μ g for Vitamin K
- 0.57 mg for Vitamin A

SPATIAL PLANT SPECIES for Dietary Intake



Average values of concentration of Vitamin C, E, K and A

| Nome | Specie | Produzione Kg/anno x mq | Peso Secco % | Contenuto Vitamina (mg/100 g PF) | | | |
|--------------|---------------------------|-------------------------|--------------|----------------------------------|------|----------|----------------|
| | | | | C | E | K (µg/g) | A (mg RE/100g) |
| Amaranto g. | Amaranthus cruentus | 17,5 | 9,3 | 131,6 | 17,1 | 4,1 | 1,48 |
| Amaranto | Amaranthus hypocondriacus | 17,5 | 9 | 114 | 15 | 3,6 | 1,43 |
| Rucola | Eruca sativa | 52,56 | 5,5 | 45,8 | 19,1 | 1,6 | 1,16 |
| Basilico | Ocimum basilicum | 13,4 | 7,3 | 90,8 | 24 | 3,2 | 1,02 |
| Barbabietola | Chenopodiaceae | 33,6 | 6,2 | 46,4 | 34,5 | 2 | 1,28 |
| Sedano | Apium graveolens | 14,6 | 6,8 | 45,8 | 18,7 | 2,2 | 0,93 |
| Coriandolo | Coriandrum sativum | 20,8 | 8,3 | 40,6 | 53 | 2,5 | 1,95 |

| Nome | Specie | Produzione Kg/anno x mq | Peso Secco % | Contenuto Vitamina (mg/100 g PF) | | | |
|---------------|-------------------------------|-------------------------|--------------|----------------------------------|------|----------|----------------|
| | | | | C | E | K (µg/g) | A (mg RE/100g) |
| Crescione | Lepidium sativum | 33,6 | 7,3 | 57,2 | 41,2 | 2,4 | 1,85 |
| Senape rossa | Brassica juncea | 37,5 | 5,7 | 62,2 | 22,1 | 1,9 | 1,06 |
| Pisello | Pisum sativum | 80 | 10,2 | 50 | 35 | 3,1 | 1,36 |
| Ravanello | Raphanus sativus | 72,9 | 8,1 | 70,7 | 87,4 | 1,9 | 1,05 |
| Mizuna | Brassica rapa nipposinica | 62,5 | 5,3 | 42 | 25 | 2 | 1,27 |
| Cavolo rosso | Brassica oleracea v. capitata | 40,4 | 7,7 | 147 | 24,1 | 2,8 | 1,92 |
| Bietola rossa | Beta vulgaris | 29,18 | 4,6 | 28,8 | 18,5 | 1,9 | 0,88 |

RE = Equivalent Retinol

1µg of RE = 1µg retinol = 6 µg β-carotene

THE MOON



Moon Village



Georgi I. Petrov, Daniel Inocente, Max Haney, Neil Katz, Colin Koop
Skidmore, Owings & Merrill LLP

Advenit Makaya, Marlies Arnhof, Hanna Lakk
European Space Agency, ESTEC

Aidan Cowley
European Astronaut Centre, EAC,

Claudie Haignere, Piero Messina
European Space Agency

Valentina Sumini, Joseph Paradiso
MIT Media Lab, Responsive Environments

Jeffrey A. Hoffman
MIT Department of Aeronautics and Astronautics





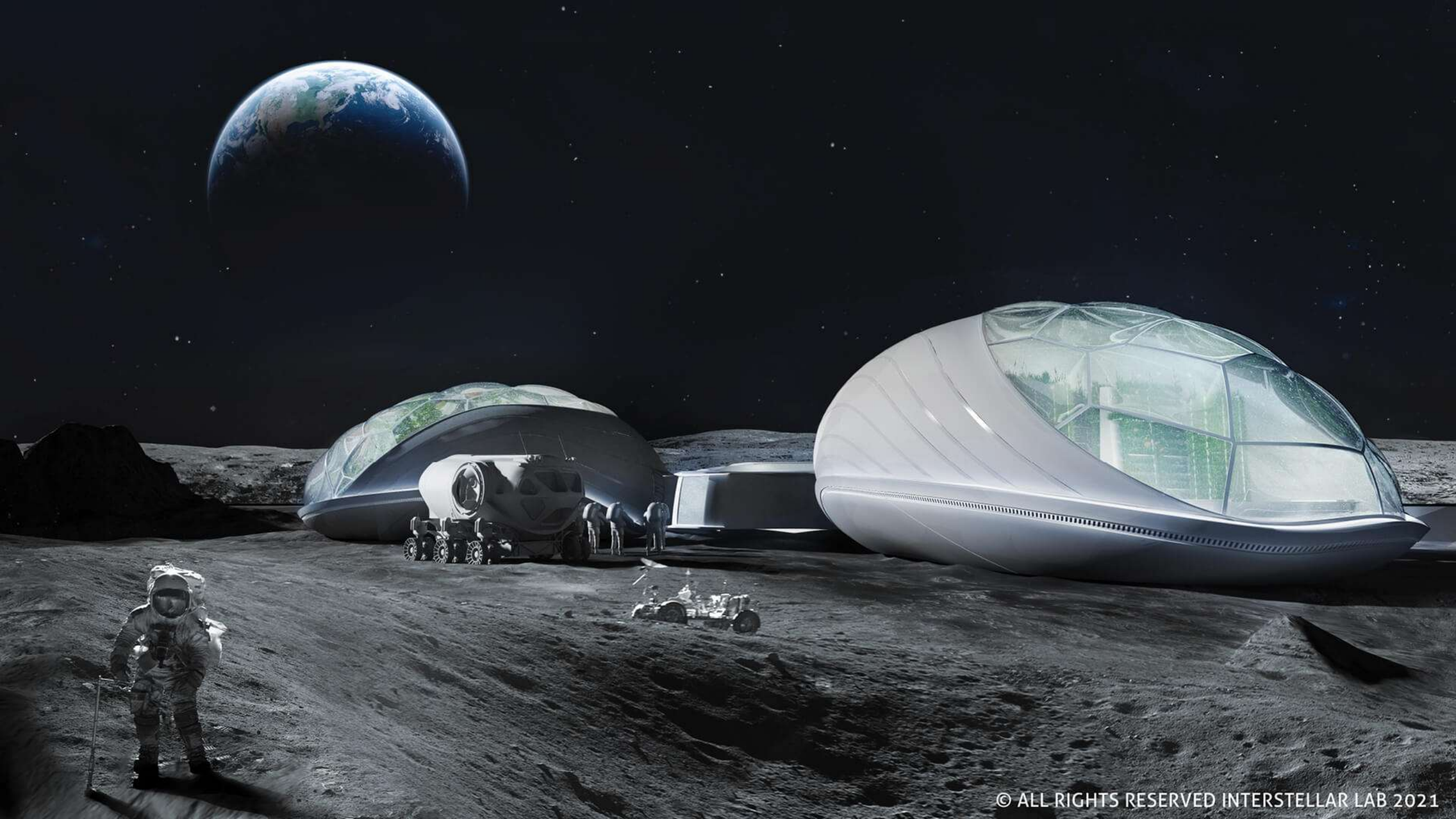
Ferrari
Farm™
Nature & Technology



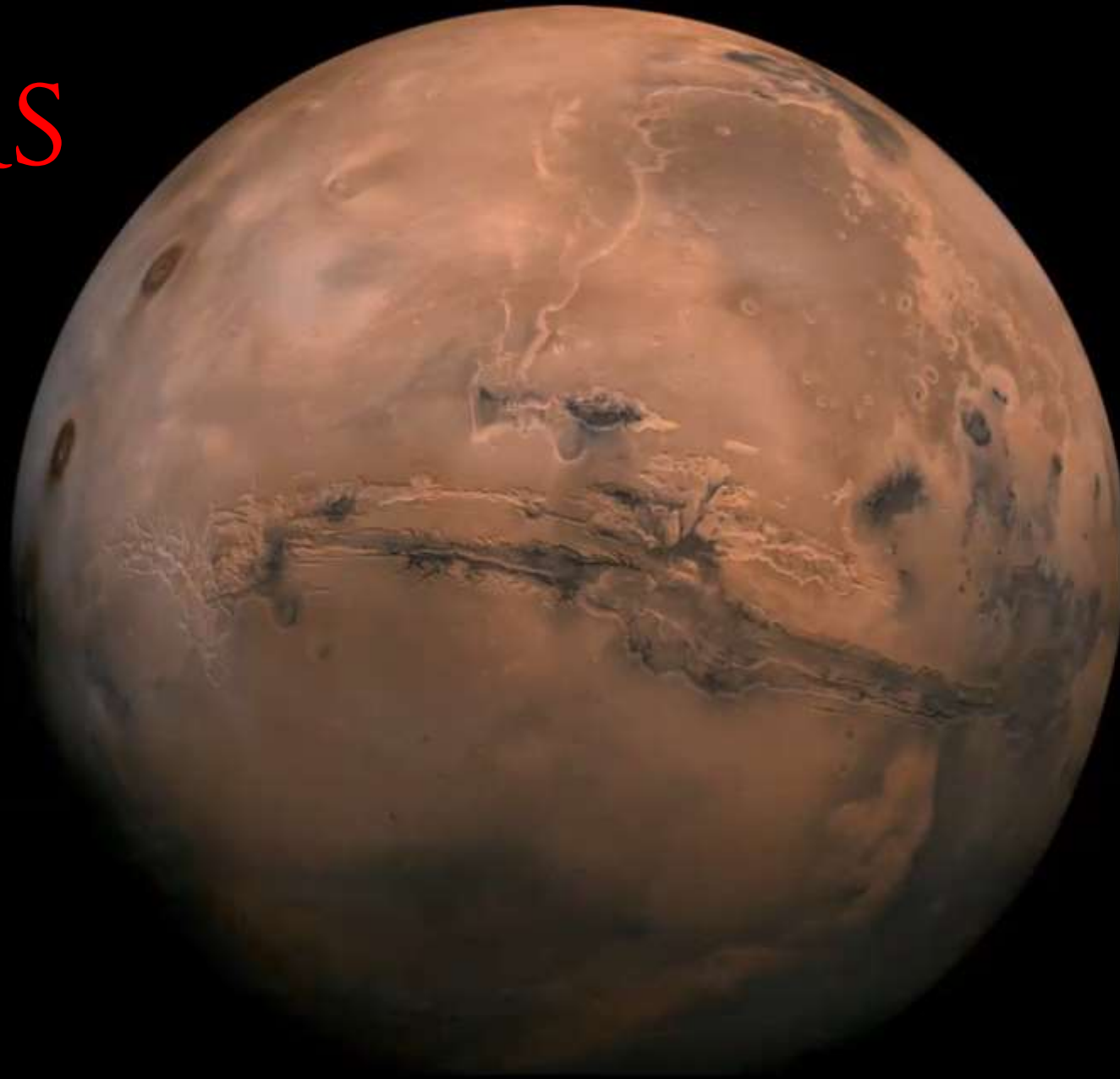


Ferrari
Farm
Research Center



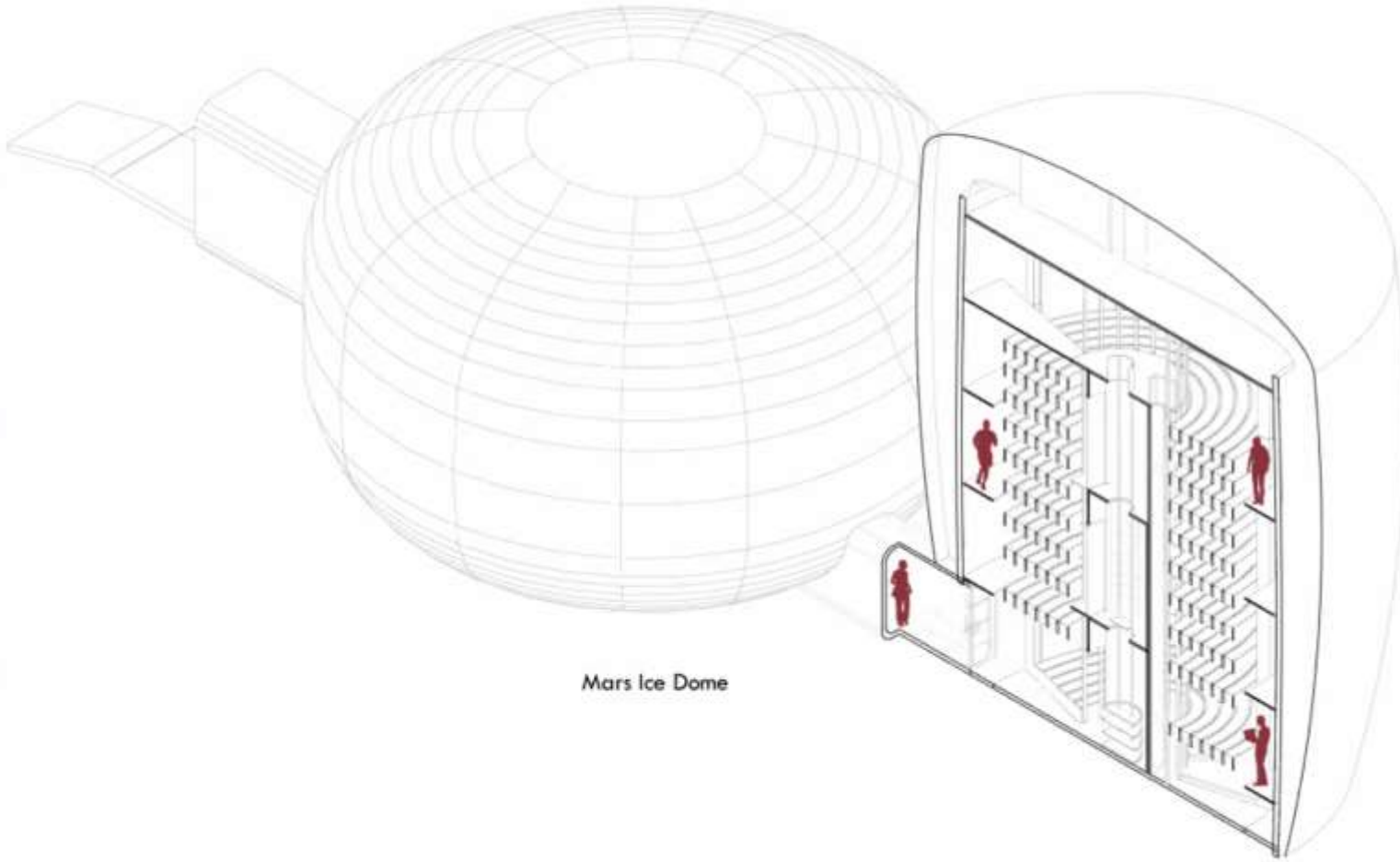


MARS



Ferrari
Farm™
Nature & Technology





Mars Ice Dome

Mars Greenhouse



NASA BIG IDEAS CHALLENGE
Mars Greenhouse

PRESENTED BY THE MASSACHUSETTS
INSTITUTE OF TECHNOLOGY:

Eric Hinterman
Natasha Stomler
Shaile Baber
Mans Nowak

Zhucheng Zhan
Sam Swaman
Tajana Schneiderman
Joe Kusters

UNDER THE DIRECTION OF
THE FOLLOWING ADVISORS:

Doctor Jeff Hoffman

Professor,
Aeronautics and Astronautics

Doctor Sara Snoger

Professor,
EAPS, Aeroastro, Physics

Doctor Matt Silver

CEO,
Cambrian Innovatica

Doctor Vladimir Aeropotian

Senior
Astrophysicist

Doctor Valentina Sumini

Postdoctoral Associate,
Media Lab

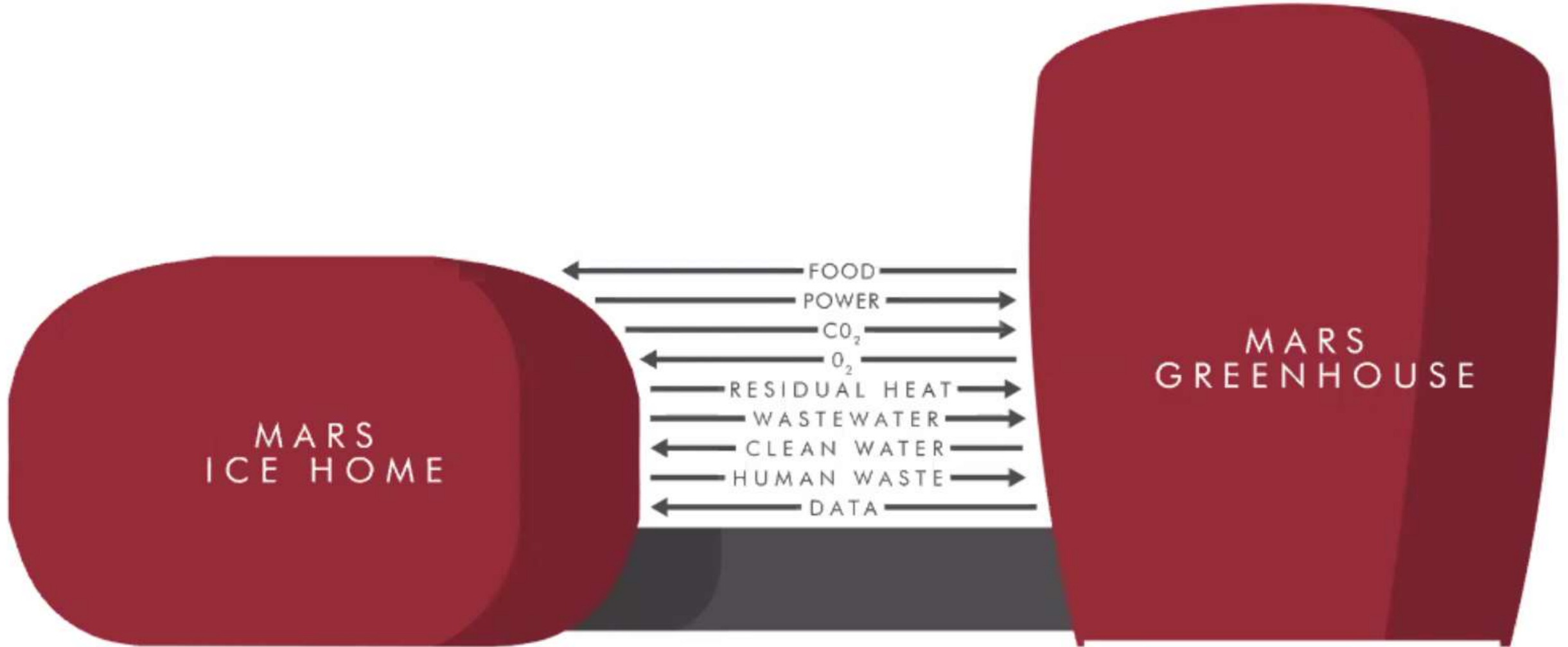
WITH SPECIAL THANKS TO:

Tommy Smith
Siranush Babakhanova
Alda Merzini
Fabio Mallia

Jana Lukic
Samuele Sciarretto
George Lordas
Ana Iris Correa Muler

BEAVER
BIOSPHERE ENGINEERED ARCHITECTURE FOR
VIABLE EXTRATERRESTRIAL RESIDENCE





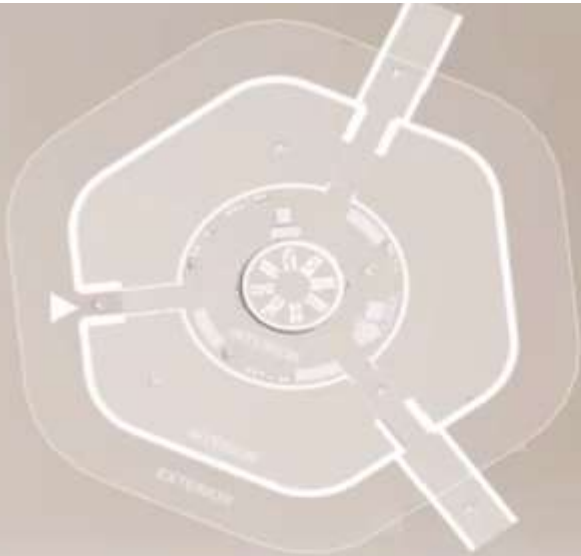
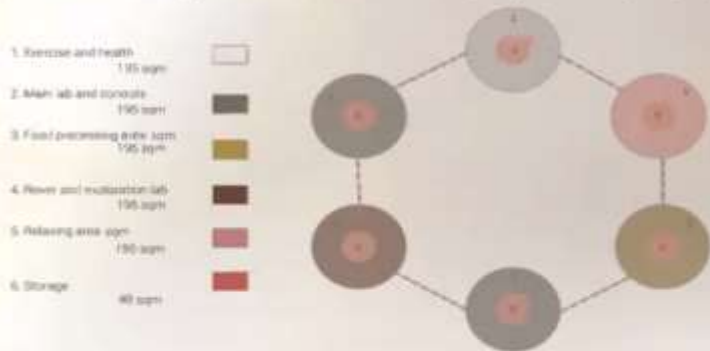
HUMAN ACTIVITIES



-OUR GOAL-

A manned long term mission with a 4 people crew to Mars is the goal. There, to explore efficiently and make discoveries that would utterly change the world. While our robotic missions accomplish remarkable and often astonishing things on Mars, they are precursors in exploration. Astronaut researchers on Mars will make discoveries and create stories that will be shared by all humankind for generations to come.

How we managed this activities in our project for 4 people ?

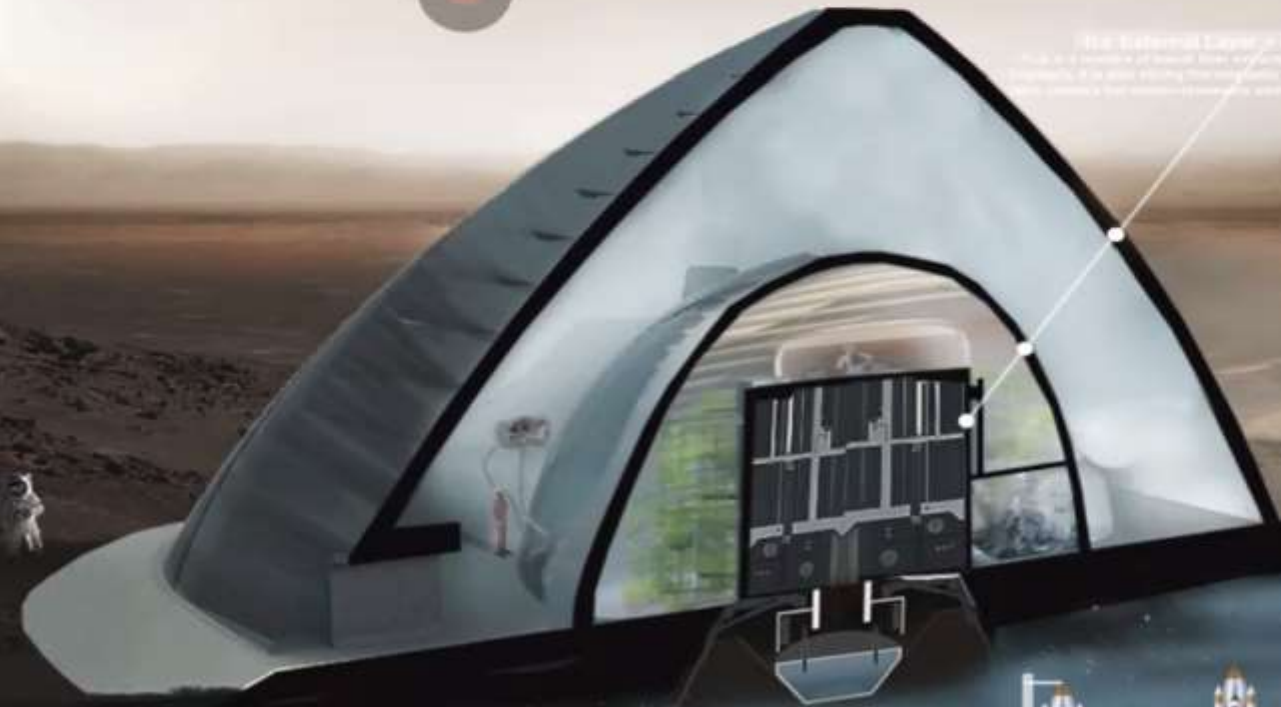


General Plan: Rover & Exploration Lab



The External Layer & The Internal Layer

Each is a structure of several layers and each layer has a specific function. The external layer is made of sintered metal and is designed to protect the habitat from the harsh Martian environment. The internal layer is made of a lightweight material and is designed to provide a comfortable living environment for the crew.



Building Strategy

- 1-Descent
- 2-Landing
- 3- WaSiBo Drop
- 4-Reservoir&House Deploy
- 5-Sinter Foundation
- 6-Inflate Membrane
- 8-Deploy Airlock
- 9-Printing Process



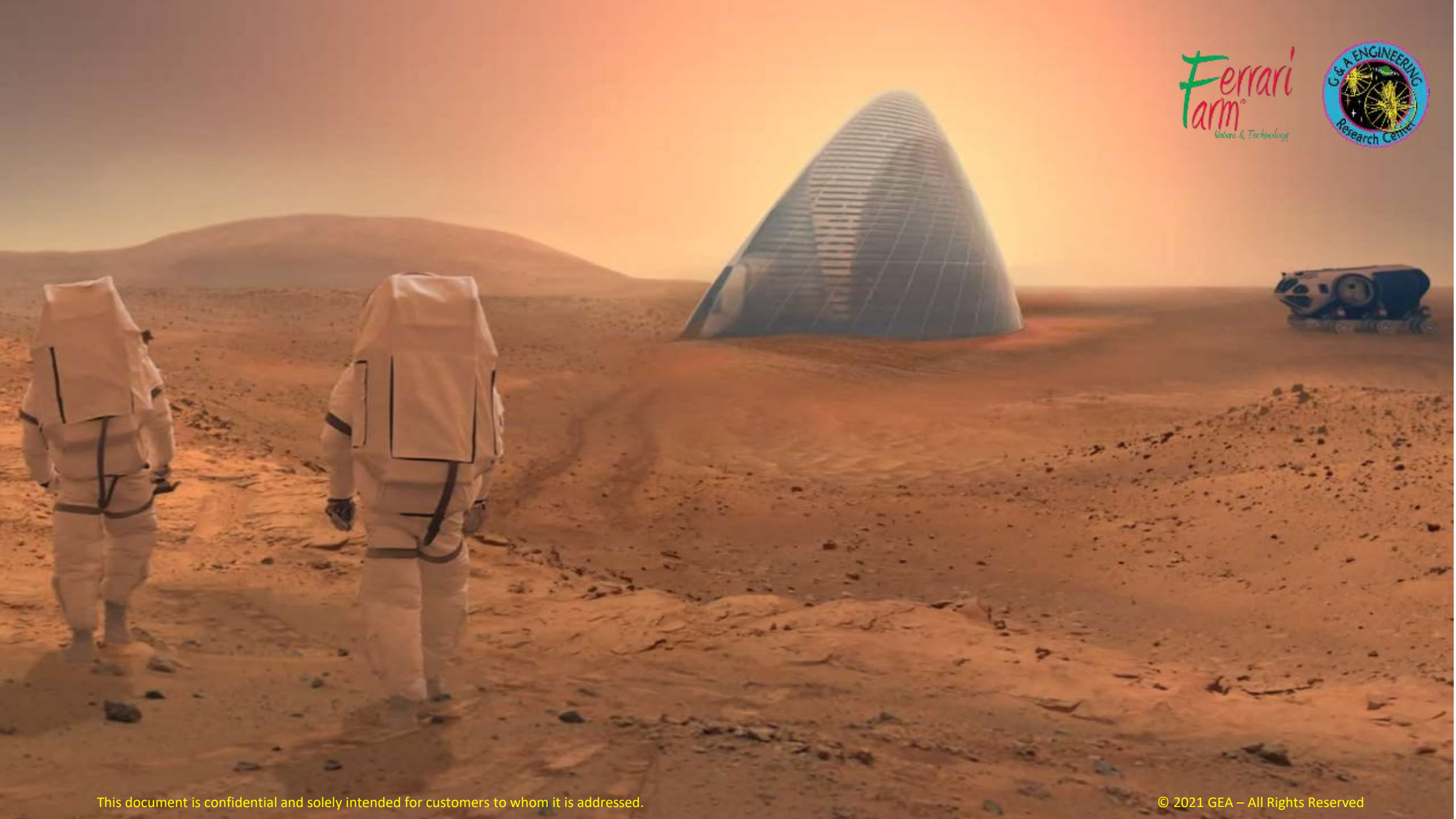
PHASES



BUILDING STRUCTURE

- ICE
 - ICE - EXTERIOR LAYER
 - ICE - STRUCTURAL LAYER
 - ICE - INSULATION
- MARTIAN REGOLITH
 - RTW - SCAFFOLDING
 - CONCRETE - STRUCTURE
 - STRAPPED CONCRETE





Ferrari
Farm
Usine & Technology



WHAT WE HAVE DONE



Design & Development of Ferrari Farm's Hydroponic Plant

Unique in Europe: Sterile, Sealed, Fully Computerized
2 glass greenhouses and 1 phytotron LED Lighted

Ferrari
Farm
Nature & Technology





Ferrari
Farm
Energy & Technology





Ferrari
Farm
Hydroponics





Ferrari
Farm
Grows & Technology



WHAT WE HAVE DONE

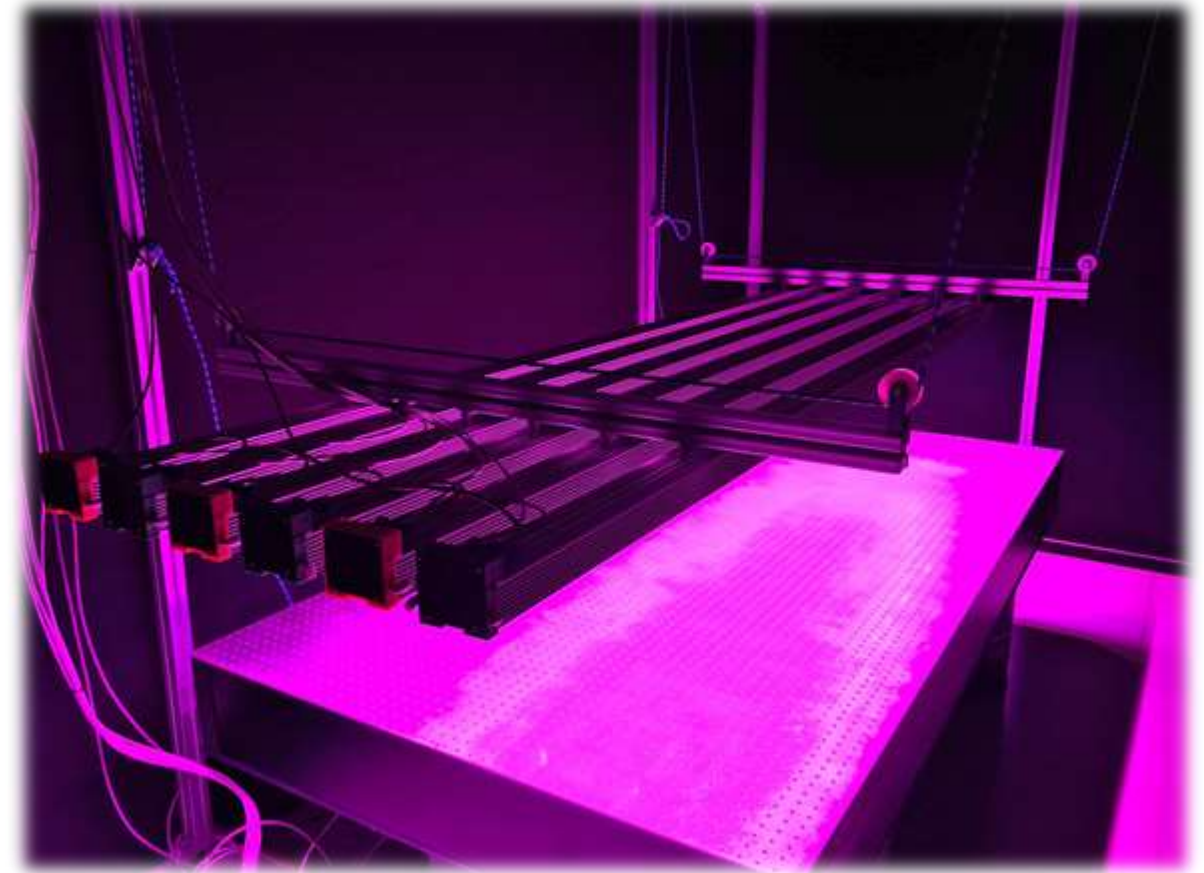
New Generation LED Lamp with
Multispectral light.

Each wavelength is
independently commanded and
controlled

1.000 $\mu\text{mol m}^{-2} \text{s}^{-1}$ @ 200 mm

NO Thermal Load in the
cultivation area (Air & Liquid
Thermal Dissipation)

1m and 3m versions



WHAT WE HAVE DONE



Design & Development of a Clean Room Vertical Farm for military purposes, to cultivate in extreme environments, inside a shelter.

Co-financed by the Italian Defense.

Endorsed by ASI and CNR













WHAT WE ARE DOING

The goal of the SOLE project is the definition of an artificial hydroponic cultivation system to be used as a demonstrator on Earth of a future space greenhouses.

It is realized a completely artificial environment suitable for plants to grow.





WHAT WE ARE DOING

NUTRI3D

The goal of NUTRI 3D is to study "the food of the future" with a production process that uses 3D printing technology for a new idea of designing healthy and natural dietary/nutritional foods, personalized for special nutritional needs or for health-related needs or simply for a normal diet.





THERE'S NO WAY WE CAN LEAVE EARTH WITHOUT THE PLANTS